

SAS News



Este año, por primera vez, nuestro colegio vivió la experiencia del “Programa Bebé Piénsalo Bien”.

Este es un programa que consiste en el cuidado de un simulador de bebé computarizado, que se creó con la idea de hacer una mayor conciencia en los jóvenes sobre las implicaciones de las relaciones sexuales coitales a tan corta edad. El programa se ejecuta en el país desde 1998, con muy buenos resultados sobre la concientización de la toma de decisiones responsables.

El proyecto tiene como objetivo, complementar algunos contenidos de la clase de Ética y Moral, para que de una forma vivencial, los jóvenes puedan experimentar en alguna medida, lo que significa ser padre/madre en la adolescencia o a edades tempranas.

Por tres días y dos noches nuestros estudiantes tuvieron la experiencia de llevar a casa un simulador de bebé que demandaba algunas de las necesidades de un bebé real, con la particularidad de que se registraban no solo las necesidades, sino las atenciones que cada joven le proveía al simulador.

Además pudieron experimentar lo que era compartir la responsabilidad con otra persona - para quienes lo decidieron hacer con pareja- y lo que significaba ser un padre o madre “soltero” (a).

Se encontrarán a continuación algunos textos extraídos de los reportes de los chicos de quinto año, que resumen lo expresado en general por ellos (as), espero que los disfruten y aprovechen para compartirlo con sus hijos (as).

Ana Lucrecia Chinchilla

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“Thanks to this experience, I learned and understood a lot of important things. One of them is that a real baby can cost your entire life (...) our babies just had three needs; a real one may have an infinite number of needs. So I realized how important it is to have a good life plan. To set clear goals and avoiding what you know could harm you, is part of being responsible and taking care of yourself”

“I learned that sexual relations need responsibility, and they are supposed to be in a certain time, when the body, the spirit, the mind and the economic and social status is stable”.

“We got to feel what parenting is like. I’m sure this will change people’s perspectives about parenting”

“My life stopped spinning around me and it concentrated on the baby. It was very hard, and I’m glad it’s over. Now all of us will think twice before doing something irresponsible”

"This experience was (and will be, I believe) the closest to what it's like to raise a child, it made some people have second thoughts about how they are handling their sex life..."

"In my opinion this experience was great. We had the opportunity to see how hard it would be to have a baby right now".

"It made me realized that right now we are very young and immature to take that responsibility" (...) Real babies need love and even more attention".

"Before I thought that having a baby and taking care of him was easy, and I realize it is not "

"Also it was important to learn how to share with another person and assume the responsibilities in the same way"

"What I didn't like about the baby was the issue that he cried at night, waking me up every few hours, so I ended up very tired and sleepy the next day"

"This baby showed me a lot of things. I learned many consequences I would have to face if this baby had been real"

"It made me realized how hard it is to be teen mom in a society that is judgmental (...) Being a student and a mother is extremely difficult (...) I don't want to be one of them. There are many paths a person can take in life and it's very important that your decisions revolve around your future goals and not on quick impulses".

"I realized how hard it is to raise a child when you are 17, and I am definitely not prepared"

"I appreciate more what my parents did and still do for me"

"I couldn't go out to a party or hang out with my friends, and if I wanted to, I had to take the baby with me."

"It's so hard, you really need a help of your partner, you really need money for a nanny and for all the baby's needs"

"This experience really taught me to be responsible and conscious about the choices I make in my life, because a simple bad choice can change my life completely".